

## Russians Dominate World Juniors; Barron Betters Own Record

Moncton, New Brunswick—Young Russian racewalkers took four of the six medals in the 10 Km events at the World Junior Track and Field Championships held here starting July 19. In the women's race, Elena Lashmanova and Anna Lukyanova outclassed the field to take one-two, leaving third-place Kumiko Okada of Japan nearly 2 minutes behind.

The men's race was more competitive, with Valery Filipchuk just edging China's Zelin Cai for the gold with a 2010 World leading time of 40:43.17. Russia's Pyotr Bogatyrev was just seven seconds back in third. Trevor Barron, a year younger than most of the top competitors, bettered his own American record as he finished seventh in 41:50.29. That bettered his 42:22.79 in last year's World Youth Championships fourth.

The races were held on the track. In the women's race, Okada and her teammate, Chiaki Asada, hung with the Russian pair for 1500 meters, but were swept away from that point. The Russians were together at 5000 meters in 22:26 and walked in tandem until the final lap. Lukyanova tried to break away at that point, but with 250 meters to go Lashmanova stormed past to quickly open a 5 meter gap that she extended to 6 seconds by the finish, which she reached in 44:11.90. She won the gold by blitzing her final kilometer in 4:09.

Okada was a lonely third, well clear of China's Qin He, who beat Antonella Palmisano of Italy by a stride for fourth. Asada completed a good showing for Japan as she finished sixth.

Lashmanova, who had been third in the World Cup in Mexico in May behind Palmisano and He, said: "Everything was done correctly. The tempo, the race timing was good. We thought at the beginning that the two Russian would be right beside each other. I felt very good. Fantastic. I could have done better, but this is good."

The men's race quickly developed into a three-man affair, with China's Cai and the two Russians. At the World Cup in May, Cai had finished well ahead of Filipchuk as they finished second and third behind Colombia's Eider Arevalo, who was not present for this one.

Over the final three kilometers, the trio of Filipchuk, Cai, and Bogatyrev were locked in a close battle with Cai usually sandwiched between the two Russians. With a kilometer to go, Cai quickened the pace to try and drop the Russians, but to no avail. Filipchuk moved to the lead as the last lap began and managed to drop his teammate with about 250 meters to go. Cai gave ground only grudgingly, but as they entered the final straightaway, Filipchuk appeared to have a winning lead. Cai did not give up and managed a final surge that brought him within 0.42 seconds at the finish line. The Russian had covered his final kilometer in 3:44:34 and needed it all to hold off his Chinese challenger.

In fourth was Brazil's Caio Bonfim, a hair ahead of Australia's Dane Bird-Smith, who improved his personal best by 1:42. A couple of strides further back was Mexico's Ever Palma, up one spot from his World Cup finish.

Next was Trevor Barron, improving two spots on his World Cup place with his

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American record performance. Trevor walked a strong race, and, although he had hopes of a medal, should be well satisfied with a 32 second improvement on his personal best and American record. He clipped off km splits of 4:07 to 4:10 through 8 km, where he had fifth place in his sights, with Palma just 8 seconds ahead and Bird-Smith only 6 seconds ahead. Had he been able to hold that pace, Trevor would have been right with the other two at the finish. But his final two splits were 4:20 and 4:16. He was in no danger of losing a well-earned seventh spot, finishing 8 second of Mexico's Erwin Gonzalez and Americans have seldom beaten Mexico's elite.

The second American, Tyler Sorenson, a year younger than Trevor was fifteenth in 43:55.59 and finished strongly with a 4:16 for his final kilometer, accelerating form splits in the 4:22 to 4:28 range. We see a bright future for both of our young phenoms.

The results:

**Women, July 21:** 1. Elena Lashmanova, Russia 44:11.90 2. Anna Lukyanova, Russia 44:17.98 3. Kumiko Okada, Japan 45:56.15 4. Quin He, China 46:08.36 5. Antonella Palmisano, Italy 46:08.57 6. Chiaki Asada, Japan 46:39.63 7. Zhao Jing, China 46:54.90 8. Regan Lambie, Australia 47:55.67 9. Sandra Yerga, Spain 47:57.66 9. Sandra Yerga, Spain 47:57.66 10. Sandra Nevarez, Mexico 48:00.20 11. Federica Curiuzzi, Italy 48:11.34 12. Georgiana Roache, Romania 48:29.60 13. Ines Pastorino, France 48:42.0 14. Charlyne Czychy, Germany 49:00.11 15. Anna Chernenko, Ukraine 49:01.00 16. Ekaterini Theodoropoulou, Greece 49:11.23 17. Sara Alonso, Spain 49:44.28 18. Yuli Capeha, Peru 49:59.96 19. Emilie Menuet, France 50:20.46 20. Berta Krivan, Hungary 51:39.50 21. Maagdalen Jasinska, Poland 52:16.80 22. Linda Paz, El Salvador 52:52.09 23. Anne Voyer, Canada 59:53.24 DQ—Paige Hooper, Australia and Alejandra Ortega, Mexico

**Men, July 23:** 1. Valery Filipchuk, Russia 40:43.17 2. Zelin Cai, China 40:43.59 3. Petr Bogatyrev, Russia 40:50.37 4. Caio Bonfim, Brazil 41:32.28 5. Dane Bird-Smith, Australia 41:32.36 6. Ever Palma, Mexico 41:34.92 7. Trevor Barron, US 41:50.29 8. Erwin Gonzalez, Mexico 41:58.67 9. Alberto Amexcua, Spain 42:06.73 10. Alexander Castaneda, Colombia 42:26.26 11. Hagen Pohle, Germany 42:33.31 12. Byong Kwang Choe, Korea 42:34.28 13. Massimo Stano, Italy 43:03.38 14. Veli-Matti Partanen, Finland 43:48.21 15. Tyler Sorenson, US 43:55.49 16. Giovanni, Reno, Italy 44:11.14 17. Rhydan Cowley, Australia 44:49.42 18. Lukas Gdula, Czech Rep. 46:21.50 19. Pavel Schrom, Czech Rep. 47:11.42 20. Ferhat Belaid, Algeria 49:39.87 21. Bruno Carriere, Canada 50:47.93 DQ—Jose Leonard Montana, Colombia and David Munyao, Kenya

## USATF National Masters T&F Meet, Sacramento, Cal., July 23 & 25

**5000 meters: Women 40**—1. Tamara Stevenson, Wasatch Walkers 28:39.55 **Women**—1. Kathryn Grimes, Racewalkers 27:11.25 2. Susan Fassett, Pegasus AC 29:54.59 3. Rebecca Garson, World Class RW 31:38.30 4. Ginger Armstrong, Conn. RW 33:22.98 5. Karen Karavanic, Racewalkers 33:56.45 **Women 50**—1. Maryanne Daniel, Conn. RW 26:27.00 2. Vicki Pritchard, World Class RW 28:57.48 3. Leslie Sokol, Santa Cruz TC 29:44.66 4. Nana Bellurud, Japan 30:15.46 **Women 55**—1. Debbie Topham, Pegasus AC 29:57.37 2. Karen Stoyanowski, Sierra RW 31:06.56 3. Sandra DeNoon, Florida AC 33:06.58 4. Melissa Woodburn, World Class RW 36:49.30 (1 DNF) **Women 60**—1. Marianne Martinoo, High

Altitude 29:30.71 2. Yoko Eichel, So. Cal. TC 29:45.31 3. Paula Mendell, Sierra RW 30:51.58 4. Panseluta Geer, Shore AC 30:56.88 5. Ann Harsh, Florida AC 31:01.88 6. Darlene Backlund, S. Cal. TC 34:13.40 7. Kathleen Frable, So. Cal. TC 34:13.40 8. Susan Oirth, Marin RW 36:06.00 (8 finishers, 2 DNF) **Women 65**—1. Jolene Steigerwalt, So. Cal. TC 34:10.87 2. Marjorie Garner, Monterey WWW 34:45.40 3. Sandra Hulst, Florida AC 35:04.69 **Women 70**—1. Louise Walters, Sierra RW 30:42.96 2. Rita Sinkovec, High Altitude 34:13.97 **Women 75**—1. Shirley Dockstader, Marin RW 35:08.78 2. Grace Moremen, So. Cal. TC 45:11.04 **Women 80**—1. Claire Elkins, World Class RW 45:19.70

**Men 45**—1. Mike Blanchard, High Altitude 29:00.91 2. Don Young, un. 31:25.22 3. Art Morrow, So. Cal. TC 32:27.48 **Men 50**—1. Mark Green, Pegasus AC 25:20.25 2. James Kenney, Canada 26:26.70 3. Alberto Mendina, un. 27:19.88 4. Tommy Aunan, High Altitude 28:11.18 5. Joe Berendt, Sierra RW 29:39.53 6. Barton Kale, un. 32:54.70 7. Don Smith, un. 33:39.75 **Men 55**—1. Bill Reed, Pegasus AC 28:58.32 2. John Magnussen, So. Cal. RW 30:49.53 3. Art Klein, Santa Cruz TC 37:18.58 (1 DNF) **Men 60**—1. Andrew Smith, Pegasus 26:16.61 2. Michael Wiggins, un. 26:14.26 3. Norm Frable, Pegasus AC 28:26.16 4. Richard Campbell, So. Cal. TC 28:47.23 5. Shoja Torabian, Marin RW 30:22.42 6. Garland Murphy, Marin RW 36:39.56 7. Walter Stewart, Marin RW 36:42.63 (1 DQ) **Men 65**—1. Philip Rogosheske, Twin Cities 31:08.98 2. Peter Armstrong, New Mexico RW 31:36.41 3. Marshall Sanders, Pegasus AC 32:18.39 4. Joel Dubow, Philadelphia 32:17.78 (1 DNF) **Men 70**—1. James Beckett, Marin RW 30:26.14 2. John Backlund, So. Cal. TC 32:51.89 (1 DQ) **Men 75**—1. Jack Bray, Parkside AC 31:57.05 2. Dick Petrzzi, Pacific RW 36:14.93 3. Cliff Elkins, un. 41:01.94 (1 DQ) **Men 80**—1. John Starr, Philadelphia 34:39.99 2. William Moremen, So. Cal. RW 35:22.59 3. Richard Hansen, un. 42:22.92 (1 DNF)

**10,000 meters, July 25: Women**—1. Tamara Stevenson, Wasatch Walkers 60:01. **Women 45**—1. Kathryn Grimes, Racewalkers 58:11.67 2. Susan Fassett, Pegasus AC 62:18.61 3. Rebecca Garson, World Class RW 66:14.02 4. Ginger Armstrong, Conn. RW 68:39.53 5. Karen Karavanic, Racewalkers 69:49.93 **Women 50**—1. Vicki Pritchard, World Class RW 61:12.37 2. Leslie Sokol, Santa Cruz TC 62:22.14 3. Nan Bellurud, Japan 66:01.92 **Women 55**—1. Debbie Topham, Pegasus AC 60:53.49 2. Karen Stoyanowski, Sierra RW 65:03.74 3. Sandra DeNoon, Florida AC 68:34.53 **Women 60**—1. Marianne Martino, High Altitude 59:47.18 2. Yoko Eichel, So. Cal. TC 60:19.56 3. Paula Mendell, Sierra RW 63:40.36 4. Ann Harsh, Florida AC 63:48.15 5. Panseluta Geer, Shore AC 64:23.34 6. Darlene Backlund, So. Cal. TC 71:06.91 7. Kathleen Frable, So. Cal. TC 74:34.04 8. Susan Forth, Marin RW 75:56.37 (2 DQ) **Women 65**—1. Jolene Steigerwalt, So. Cal. TC 69:35.30 2. Sandra Hulst, Florida AC 70:52.36 3. Marjorie Garner, Monterey WWW 72:11.36 **Women 70**—1. 1. Louise Walters, Sierra RW 63:43.30 (1 DQ) **Women 75**—Shirley Dockstader, Marin RW 72:34.01 2. Grace Moremen, So. Cal. RW 91:56.40 **Women 80**—1. Clair Elkins, World Class RW 94:20.33 **Women 85**—1. Miriam Gordon, So. Cal. TC 88:22.33

**Men 45**—1. Michael Blanchard, High Altitude 59:38.35 2. Dan Young, un. 64:53.04 3. Art Morrow, So. Cal. TC 64:31.89 **Men 50**—1. Mark Green, Pegasus AC 51:29.43 2. James Kenney, Canada 52:27.03 3. Tommy Aunan, High Altitude 55:44.32 4. Alberto Medina, un. 57:55.40 5. Joe Berendt, Sierra RW 61:19.46 **Men 55**—1. Bill Reed, Pegasus AC 59:61.31 2. Art Klein, Santa Cruz RW 65:49.92 3. Albert Harnes, Canada 69:01.25 4. Hank Klein, un. 71:30.42 **Men 60**—1. Michael Wiggins, un. 54:04.55 2. Andrew Smith, Pegasus AC 54:12.68 3. Richard Campbell, So. Cal. TC 58:09.04 4. Norm Frable, Pegasus AC 59:44.93 5. Bill Penner, Pacific RW 60:37.45 6. Garland Murphy, Marin RW 76:00.14 (1 DQ) **Men 65**—1. Philip Rogosheske, Twin Cities 63:02.51 2. Edoardo Sorrenti, World Class RW 64:42.23 3. Peter Armstrong, New Mexico RW 65:41.05 4. Marshall Sanders, Pegasus AC 67:06.75 **Men 70**—1. John Backlund, So. Cal. TC 67:51.29 (2 DQ) **Men 75**—1. Jack Bray, Parkside AC



65:14.41 2. Carl Acosta, SO. Cal. TC 71:09.66 3. Cliff Ekins, un. 85:45.91 **Men 80**—1. Jack Starr, Philadelphia 71:57.04 2. William Moremen, So. Cal RW 72 28.66

## Other Results

**New York State Empire Games, Buffalo, July 24: Girl's H.S. 1500 meters**—1. Rachael Tylock 7:38.36 2. Amanda Catherall 7:51.86 3. Amanda Brook 7:52.73 4. Katherine Michta 7:55.86 5. Lisa Kuhn 8:04.24 6. Ahsley Weintraub 8:20.75 **Boy's H.S. 1500**—1. Christopher Walker 8:00.98 (only competitor) **Men's 10 Km**—1. Allen James 48:11 2. Dave McGovern 48:45 3. Dave Talcott 52:55 4. Don Lawrence 58:23 5. Bill Vayo 58:41 6. Ricky Sosulski 62:49 7. Richard Tuers 75:10 **Women's 10 Km**—1. Miranda Melville 57:24 2. Lisa Vellucci 59:17 3. Erin Tayhlor-Talcott 59:55 4. Pamela Allie-Morrill 63:32 5. Karen Fina 68:03 6. Monica Trabold 74:54 7. Maryanne Harvey 75:10 **Women's 5 Km, July 23**—1. Rachel Zoyhofski 27:52 2. Lisa Vellucci 38:03 3. Chelsea Conway 29:25 4. Pamela Allie-Morrill 29:50 5. Elizabeth Bolger 32:29 (7 finishers, 1 DQ) **Men's 5 Km, July 23**—1. Allen James 22:43 2. Dve McGovern 23:00 3. Don Lawrence 26:50 4. Nicholas Harding 28:20 5. Bruce Logan 28:52 6. (6 finishers, 1 DQ) (Stifling heat and humidity for all races.) **1500 meters, Lexington, Ken., July 24**—1. Megan Furnish 8:18.57 2. Jenna Gulley 10:11.91 **Men**—1. Paul Tremblay (45) 8:22.78 2. Leo McMillen (74) 12:20.66

**NACAC 20 Km, Naples, Fla. July 11**—1. Isaac Palma, Mexico 1:28:53.38 2. Jorge Zarate, Mexico 1:39:39.43 3. Dan Seranni, U.S. 1:41:29.23 4. Jose Moncada, U.S. 1:45:14.51 5. Ledezma Rojas, Costa Rica 1:48:09.47 **Women's 10 Km**: 1. Erandi Uribe, Mexico 50:12.27 2. Lauren Forgues, U.S. 51:06.38 3. Lizbeth Silva, Mexico 52:31.78 4. Miranda Melville, U.S. 53:03.30 **3000 meters, Naples, Fla., July 10**—1. Ann Harsh (60) 18:42 2. Luann Pennis (55) 19:49 3. Gary Null (65) 21:30 (6 finishers) **1 Mile, same place**—1. Gary Null 9:45 2. Ann Harsh 9:47 3. Luann Pennis 9:55 (6 finishers) **5 Km, Greeley, Col., June 13** (or so it is listed, but the times indicate 1 Mile or 1500 meters)—1. Joan Kauth (55+) 8:47 2. Sherrie Gossert (55+) 8:57 3. Barbara Amador (60+) 9:08 4. Rita Sinkovec (70+) 10:27 (9 finishers) **Men**—1. Steve Gardiner (55+) 9:13 2. Daryl Meyers (65+) 9:20 3. Ted Robu (55+) 9:29 (11 finishers) **5 Km, Cherry Creek State Park, Col., June 20**—1. Mike Blanchard (48) 29:24.3 2. Marianne Martino (59) 30:05.6 3. Darla Graff (42) 30:32.8 4. Barbara Amador (60) 32:02.1 5. Sherrie Gbossert (57) 32:03.5 (7 finishers) **5 Km, Ft. Collins, Col., June 20**—1. Eric Senseman (40) 29:48 2. Victoria Herazo (51) 29:58 3. Joan Kauth (54) 30:42 (6 finishers) **5 Km, Denver, June 27**—1. Luz Barrientos 29:58 2. Mike Blanchard 30:20 3. Joan Kauth 32:25 (8 finishers) **5 Km, Evergreen, Col., July 4**—1. Mike Blanchard 30:34 2. Daryl Meyers (67) 32:56 3. Patty Gehrke (45) 33:15 (12 finishers) **3 Km, Ft. Collins, Col., July?**—1. Mike Blanchard 15:58 2. Darla Graff 17:35 3. Marianne Martino 17:50 (6 finishers) **California Senior Olympics 5 Km, Pasadena, June 27**: 1. Yoko Eichel (63) 29:46 2. Donna Cunningham (63) 32:04 3. Luz Morales (58) 36:07 4. Shirley Capps (74) 36:27 (9 finishers) **Men**—1. John Magnussen (57) 30:24 2. Wayne Wurzbarger (68) 31:53 3. Patrick Bivona (69) 33:50 4. Carl Acosta (76) 34:17 (10 finishers) **10 Km, same place**—1. John Magnussen 61:28 2. Wayne Wurzbarger 67:02 3. Raymond Bilig (53) 68:26 4. Xarl Acosta 68:48 5. Patrick Bivona 70:20 (8 finishers) **5000 meters, Eugene, Oregon, June 26**—1. Rob Frank (57) 26:59.01 2. Bob Novak (61) 28:25.58 3. Dennis Robeson (63) 29:36.29 4. George Opsahl (68) 30:16.54 (6 finishers) **Women**—1. Kathryn Grimes (46) 27:18.93 2. Ann Tuberg (50) 29:35.47 3. Carmen Jacinsky (47) 29:39.94 4. Sherry Watts (57), Canada 29:42.91 5. Nana Bellerud (5) 30:37.16 6. Michelle Cunningham (49) 31:54.44 7. Judy Heller (64) 3:15.81 (11 finisers) **1 Mile, same place**—1. Rob Frank 8:07.18 2. Carmen Jacinsky 8:45.16 3. Nana Bellerud 8:54.19 4. Sherry Watts 8:56.06 5. Anmarie Bruning (45) 9:31.20 6. Karen Karavanic (47) 10:05.78 (10 finishers) **State Games of Oregon, July 10: 3000 meters**—1. Dave McGovern

(45) 13:11.86 (Dave was giving a clinic in Portland) 2. Rob Frank (57) 15:56.76 3. Will Loew-Blisseer 16:41.34 4. Charles Robeson (63) 17:11.09 5. George Opsahl (68) 17:39.20 6. Bob Grable (62) 17:54.32 7. Kuhn Marshall (58) 19:19.58 (11 finishers) **Women**—1. Kathryn Grimes (46) 16:14.38 2. Carmen Jacinsky (47) 16:51.45 3. Darla Graff (42) 17:06.38 4. Nana Belurud (51) 17:13.03 5. Michelle Cunningham (49) 18:26.54 6. Annmarie Bruning (45) 19:26.03 7. Karen Karavanic (47) 19:57.66 (13 finishers) **5000 meters, same place**—1. Rob Rannk 27:21.20 2. George Opsahl 30:58.35 3. Ron MacPike (77) 35:59.45 **Women**—1. Kathryn Grimes 28:08.58 (3 finishers)

**Irish national 10 Km, July 10, Santry**—1. Robert Heffernan 39:07.21 2. Jamie Costin 39:43.11 3. Brendan Boyce 42:54.66 4. Michael Doyle 43:32.48 (8 finishers, 1 DQ) **Women's 5 Km, same place**—1. Kagte Veale 22:52.90 2. Laura Reynolds 23:41.79 **French National 10 Km, Valence, July 8**—1. Christine Guinaudeau 48:56.81 2. Anna-gaelle Retout 50:23.41 (14 finishers) **Men**—1. Yohan Diniz 40:17.83 2. Kevin Campion 41:14.14 3. Bertrand Moulinet 42:50.45 (13 finishers, 2 DQ) **Belarus National 5 Km, Minsk, July 7**—1. Alexander Lyakhovich 20:07.58 **5000 meters, Riems, France, June 30**—1. Yohann Diniz 18:49.66 2. Luke Adams, Australia 19:03.48 3. Gregorz Sudol, Poland 19:16.98 4. Hassanine Sbei, Tunisia 9:22.03 5. Jamie Costin, Ireland 19:24.51 6. Bertrand Moulinet 19:31.81 7. Kevin Campion 19:42.77 8. Cedric Houssaye 19:46.49 9. Herve Davaux 19:54.23 **Italian Natinal 10 Km, Grosseto, June 30**—1. Alex Schwazer 40:04.99 2. Giorgio Rubino 40:43.12 3. Daniele Paris 42:52.43 4. Mirko Dolci 43:05.86 (8 finishers, 3 DQ) **Women's 5 Km, same place**—1. Sibila Di Vincenzo 22:42.00 2. Serena Pruner 22:54.48 3. Eleonora Anna Giorgi 22:59.47 4. Valentina Garofalo 23:30.38 (8 finishers, 2 DQ) **UK Ntional 5 Km, Birmingham, June 27**—1. Alex Wright 20:11.09 2. Tom Bosworth 20:50.01 3. Luke Finch 21:29.89 4. Tom Taylor 22:05.18 (7 finishers, 1 DQ) **Women**—1. Johanna Jackson 21:52.95 2. Lisa Kehler 24:21.92 **3000 meters, Cork City, Ireland, July 3**—1. Luke Adams, Australia 10:59.04 2. Jamie Costin 11:12.02 3. Michael Doyle 12:16.39 4. Olive Loughnane 12:51.06 5. Kagte Veale (16) 12:58.60

## Upcoming Races In Many Different Places

Fri. Aug. 6	3 Km, Denver, 6 pm (H)
Sat., Aug. 7	1 Mile and 3000 meters, Falls Church, VA. (N)
Wed. Aug. 11	5 Km, Golden, Col., 6 pm
Sat. Aug. 14	Eastern Regional 1500 meters, Virginia Beach, Va. (W)
Sun. Aug. 15	USATF National 15 Km, Minneapolis, Minn. (S) 10 Km, Banks, Ore. (C)
Sun. Aug. 22	1 Mile and 3000 meters, Falls Church, Vir. (N)
Sun. Sept. 12	National USATF 40 Km, Ocean Twp., N.J. (A)
Sun. Sept. 19	1 Hour, Falls Church, Vir., 9 am (N) 5 Km, Denver, 9 am (H) 5000 meters, Long Beach, Cal., 9:30 am (Y)
Sat. Sept. 25	Michigan 1 Hour, Berkley (F) Michigan 1 Hour, Berkley (F)
Sun. Sept. 26	5 Km, 10 Km, and ½ Marathon, Kitchener, Ontario (I)
Sun. Sept. 26	5 Km, New York City, 9 am (E)
Sun. Oct. 3	1 Hour, Falls Church, Vir., 9 am (N) USATF National 1 Hour, Waltham, Mass. South Region 10 Km, Atlanta ((G)
Sat. Oct. 9	USATF National 5 Km, Kingsport, Tenn. (D)

Sun. Oct. 17 ½ Marathon, Detroit (F)  
 One Hour, Falls Church, Vir., 9 am (N)  
 1 Hour, Los Angeles area (U)  
 Sun. Oct. 24 **USATF National 30 Km, Ronkonkoma, N.Y. (D)**  
 Sat. Oct. 30 Ohio 50 Km and Open 100 Mile, Yellow Springs, Ohio (M)

#### Contacts:

A--Elliott Denman, 28 N. Locust, West Long Branch, NJ 07764  
 B--Daniel Koch, South Florida Racewalkers, 954-970-9634, racewalker@bellsouth.net  
 C--Bev McCall, 511 Lost River Road, Mazama, WA 98833  
 D--www.USATF.org  
 E--Bill Vayo, 25 Rockledge Avenue, #116 East, White Plains, NY 10601  
 F--Frank Soby, 4157 Colonial Drive, Royal Oak, MI 48073  
 G--Dave Gwyn, 6502 Briar Bayou, Houston, TX 77072  
 H--Bob Carlson, 2261 Glencoe St., Denver CO 80207  
 I--www.kwwalkingclassic.com  
 J--Art Klein, 324 Alta Vista, Santa Cruz, CA 95060  
 K--Indiana Racewalking Club, P.O. Box 1302, Indianapolis, IN 46206  
 L--Dave Gwyn, 6502 Briar Bayou, Houston, TX 77072  
 M--Vince Peters, 607 Omer Circle, Yellow Springs, Ohio 45387 (937-767-7424)  
 N--Potomac Valley TC, 3140D West Spring Drive, Endicott City, MD 21043  
 O--A.C. Jaime, [acjaime@sbcglobal.net](mailto:acjaime@sbcglobal.net)  
 P--Chris Rael, 949-429-2161, [rael2003@yahoo.com](mailto:rael2003@yahoo.com)  
 Q--New Mexico Racewalkers, P.O. Box 90111, Albuquerque, NM 87199  
 R--garywesterfield@verizon.net  
 S--Bruce Leasure, [info@twincitiesracewalkers.org](mailto:info@twincitiesracewalkers.org)  
 T--Michael Roth, [michael@miroth.com](mailto:michael@miroth.com)  
 U--Elaine Ward, 945 S. Orange Grove Blvd., #D, Pasadena, CA 91105  
 V--Joe Light, [jolt47@cox.net](mailto:jolt47@cox.net)  
 W--Steve Durrant, [sdurrant@cox.net](mailto:sdurrant@cox.net)  
 X--Steve Vaitones, P.O. Box 1905, Brookline, MA 02446 (617-566-7600)  
 Y--Walkers Club of Los Angeles, 233 Winchester Avenue, Glendale, CA 91201  
 Z--Jeff Salvage, [www.racewalk.com](http://www.racewalk.com)

## Mighty Marcel

In our last issue we offered the opinion that Canada's Marcel Jobin, fifteenth in the National 10 Km in Albany, had not raced in many years. Our memory is too short. Our friendly correspondent in Ottawa, Roger Burrows, sends the following correction and anecdotal material:

Marcel was at the WMA Indoors in Kamloops in March 2010, coming second in both the 3000 and 10,000 in the 65-69 age group. (Ed. A result we carried in these pages, which aptly demonstrates my failing short-term memory.) When I saw his entry prior to our departure for the West, I was thrilled and told my group why they should be equally thrilled. I believe he may have played with a small race or two in the '90s, but, yes, his last real race, to my knowledge, was the 1984 Olympics. Long though my involvement has been, I had never met Marcel.

On the day of the 3000, I tentatively introduced myself. I then told every Canadian who came near to watch for something special. We were not disappointed--his race with a very Russian-looking Russian was as toughly fought as any international race from the Soviet era! Marcel may have been curious as to why he was getting so much support from the stands--the aforementioned Canadians responded grandly to my tales of "the man who singlehandedly

dragged Canadian Racewalking up to international respectability, the man who never lost a national 20 Km championship for 11 years, the man who was known as "le feu en pijama" (the wacko in the pajamas) by the uncomprehending residents of his out-of-the-way Quebec town for his constant presence on the country roads in those baggy sweatsuits we all wore in the '70s."

At the awards ceremony, younger Canadians tired out their rusty French to greet the legend, or just shook his hand and smiled a lot, and he soon warmed up to the attention.

Marcel was just leaving the sport as Janice McCaffrey, who won the W50 3000 and 10,000 in Kamloops, came into it, so they had not met either. Janice was also in a comeback similarly out-of-the-blue but two decades later. Of Canada's six principal national racewalk records, this pair still holds three to this day!

My group knows Janice, so they appreciated that she still holds the 10 and 20 Km records. But they also know the great Tim Berrett, so the coach must be wrong; surely Tim holds the 50 Km record. Sorry guys; Tim had some super races in his magnificent career...but Marcel was three minutes faster!

## The Whatley Training Center

Several months ago, we published information on a training center Ian Whatley was opening in Greer, S.C. Ian, who came to us via Great Britain, was a member of the 1993 U.S. World Cup team in addition to other honors he has garnered. Here is a report on Ian's Center, written by Paula Graham who experienced life at the Center.

I and a couple other walkers recently spent a few days at Ian Whatley's farm/training center in Greer, S.C.. If you don't already know, Ian has been busily setting up a training facility geared to racewalkers. I was there in the days leading up to the Southeastern Masters T&F meet in Raleigh so my goals were to refine my technique but not wear my legs out before the weekend races.

When I got there, we took a tour of the property and then reviewed my goals and came up with a plan. First on the schedule was a technique review on the treadmill, which has cameras set up to allow me to see myself from four views. Also, below the screen showing the camera footage there was a TV playing video of elite racewalkers so Ian could point out an athlete I could try to mimic. Ian used his analytical skills to break down my form and give me things to work on so that I could walk more efficiently. The treadmill sessions were taped so I could go home with a DVD as a reminder of what I was working on.

In the days that followed we did frequent short workouts to get my muscles to feel and remember the changes that I was making. The track that Ian has laid out is a 3.5 mile loop with a 400 meter track included. The pavement is asphalt, so it is similar to the road races that we do...actually better than some of the road race surfaces.

When we weren't on the track, we spent time discussing sports and race psychology, watching footage and the techniques of elite racewalkers. Recovery time was spent perusing his extensive library of books, DVDs, and videos, playing one of his many board games, or just relaxing. His two 10-year-old girls provided entertainment and popcorn.

For the serious racewalker, Ian has a hypoxia tent for anyone training for a race at altitude, an e-stim unit, ultrasound heat, steam heat pads, cold packs, and a steam shower. He also has weight training equipment.

There is a furnished room over the garage that can sleep five or six and room in the house for one or two more people. Staying on the site allows for a flexible training schedule. Ian's wife (also a racewalker) kept us supplied with good food and conversation. If you ever have time to visit Ian, it will be time well spent. You can reach him at [whatleyian@yahoo.com](mailto:whatleyian@yahoo.com).



## From Heel To Toe

**NARI completes Exective Board.** North American Racewalking Institute CEO Tom Eastler reports that they have welcomed Jeff Salvage as the sixth and final Executive Board member. Tom says: "I challenge any philanthropic organization to even come close to having the quality Executive Board that we have now. Each of us brings unique talents in such a way that the future of competitive racewalking in the U.S. looks very promising. What Elaine Ward started in 1986 and 1992 will continue to flourish way into the future as NARI defines the cutting edge of training education and philanthropy as it pertains to racewalking. Stay tuned for our future developments as NARI kicks into high gear with our fund raising activities aimed at helping develop our racewalk Olympians of the future." The Board members, serving without financial compensation, are: Tom Eastler, Farmington, Maine, CEO and Chairman of the Board; Diane Granam-Henry, Chicago, Ill., Secretary, Editor in-chief; AC Jaime, Pharr, Texas, treasurer; Tim Seaman, San Diego, Cal., Technical Clinician; Jeff Salvage, Medford, N.J., web-master, publications and photo specialist; and Elaine P. Ward, Pasadena, Cal., founder of North American Racewalking and NARI, ex officio, advisor. . **Words of praise.** Tim Seaman and Jeff Salvage are mentioned above. Tom Menendez, coach of the Maine Racewalkers, has this to say about their clinics: I just returned from Philadelphia and the Jeff Salvage/Tim Seaman Racewalk Clinic of Excellence. It lived up to its title. A carefully crafted combination of drills, workouts, film analysis and class work over two days was extremely informative and fun. The clinic was small enough to allow everyone to get individualized instruction, yet was ability diverse enough from some that have never competed to national level athletes so there were groups that could together on specific skills. Tim and Jeff are extremely qualified presenters and kept the clinic interesting and moving along at a pace that was perfectly balanced between outdoor work and classroom presentations. It was an extremely informative clinic that is a must for anyone interesting in racewalking. Upcoming clinics are in Toronto in August, in Houston and Santa Cruz, Cal. in October, and in Springfield, Ill. In November. Go to [www.racewalk.com](http://www.racewalk.com) for more information on the clinics and on their publications. . **NAIA racewalking takes a hit.** The NAIA is a national association of small colleges that has long supported racewalking by including in its track and field, both indoors and outdoors. Now many of its members seem to be leaving to join the NCAA, either Division II or III. The NCAA has no racewalking in its T&F program. The top three women racewalkers at this year's NAIA outdoor meet were from U. of British Columbia, McKendree, and Lindenwood. All three schools are now moving to NCAA Division II. Now Vince Peters, USATF National Racewalk Chair and coach at Cedarville U. in Ohio, has announced that the 2010-11 school year will be the last in NAIA for that school, which is also moving to the NCAA. Cedarville had four walkers competing in this year's NAIA meet and has produced numerous All-Americans, three national champions, and an American record during Vince's 18-years at the school. Two racewalkers—Chad Eder and Jill Zenner—are in the school's Athletics Hall of Fame. Three other schools from the same conference—Walsh and Malone in Canton, Ohio and Notre Dame College in Cleveland—will also be leaving the NAIA fold for the NCAA. All told, the movement of schools from NAIA represents the loss of eight male and five female walkers, plus two walkers from Hong Kong who competed for McKendree and Lindenwood in the St. Louis area. While I can see Vince continuing to support racewalkers despite the lack of any collegiate competition, it is doubtful that such support will continue at any of the other schools. All of this follows the departure of Coach Mike DeWitt from Wisconsin-Parkside, which we reported last month. While Parkside had left the NAIA for NCAA several years ago, Mike had continued to promote racewalking among his athletes, but it is questionable whether a new coach will continue to do so. Parkside had

become the cradle of U.S. racewalking. On the plus side, Vince reports that Mike will include racewalking at his new position at Ave Maria College in Florida. And, Matt Boyles, runner-up in both the 20 and 50 Km at the 2008 U.S. Olympic trials, is the new head coach of a first year track and cross country program at Walford College, an NAIA school in Forest City, Iowa. Matt has been coaching at his alma mater, Rio Grande in Ohio. **Tysse suspended.** The Norwegian Athletics Federation reports that racewalker Erik Tysse has tested positive for doping and has been suspended from all competitions. The Secretary General of the federation, Kjetil Hildeskor, says Tysse tested positive for the blood booster CERA at a competition in Italy in May. Tysse was fifth in the 2008 Olympic 50 Km and seventh in last year's World Championships at 20 Km. Hildeskor says an analysis at a laboratory in Rome showed both the "A" and "B" samples were positive for CERA. At a news conference in Oslo, a tearful Tysse denied having used illegal drugs and questioned how the test had been analyzed. He said he had "nothing to hide" and would fight to clear his name. . **Correction.** In the June issue we carried the result of a 5000 meter race in San Diego on June 13. The winner of the women's race was Rachel Seaman as shown, but she had a time of 22:45.2, not the 25:36.3 we showed. Apologies to Rachel. . **He agrees.** A note from the co-founder and Publisher Emeritus of the Ohio Racewalker, Jack Blackburn: "Just a note to say I totally agree with Bob Mimm regarding stiff-legged running—not at all the same sport. Seems as if the knee straightening and or locking is more important than contact. As in the shot and discus, there should be some adjustment for folks over 60 or 65 regarding the knee straightening at some point in each stride as in the old rules."

\* \* \* \*

## Masters Walker Dyas Honored

*Shore AC racewalker Tim Dyas was recently named to the USA Masters Track & Field Hall of Fame. Here is an article from the local paper in Ridgewood, N.J. written by Sports Editor Emeritus Jim Jones:*

With his 90th birthday approaching, long-time village resident Tim Dyas received some good news recently. His election to the USA Track and Field Masters Hall of Fame. . Looking at the handsome plaque with his photo on it, he said, "This is a reflection of all the people I love and the people who love me, especially my wife Corinne. I think God is taking of me from the time I was 10 years old when something made me go to the nearby woods and start running"

Dyas, a paratrooper in World War II who spent 23 months as a prisoner of war in Germany, has run a number of distances, but his specialty is racewalking. He is a five-time U.S. Masters Athlete of the Year in that category. . In 2002, he retired educator and school administrator was honored by the Greater Bergen YMCA at its annual dinner.

Dyas ran a 3:20 in the Boston marathon at age 60 and has competed in that event twice. He also has run the New York City, Long Island, and Jersey Shore marathons, 16 in all. He began racewalking at a friend's suggestion in 1957 and that was the start of a long string of successes. "I walked away with everything," he said.

Dyas was a sergeant in the 82<sup>nd</sup> Airborne Division when he parachuted into Sicily, right in the middle of the Hermann Goering Tank Division. From a strapping 170-pounder before he was imprisoned, he was just 85 to 90 pounds after the war when he went to New York University and was on the track team there. "In the Army they said I could run like a deer," he recalled.

Dyas grew up during the depression. He played all sports, but at Jamaica High School in Queens, he concentrated on track and cross country. He was good enough to earn a scholarship to the University of Idaho, but he had to work to support his mother. as his brother was already in the service.

A year before Pearl Harbor, Dyas joined the National Guard because he worked for the State of New York at the time and when someone was called up, the state had to make up the difference between military pay and civilian pay...

Dyas was moved around Germany during his POW period and has some unwanted souvenirs from that time. While in a Munich suburb in 1945, the noise from Russian bobbing affected his hearing. He has a bad back from parachuting and sleeping in snow and is currently battling a knee problem that originated from a rifle blow by a German sergeant during his captivity and continued during his running career.

Dyas later learned that a then 16-year-old soldier stationed at the Munich base would later become Pope Benedict (all Germans had to serve in the military.) He wrote to him and received an autographed photo in return.

During his career as an educator, Dyas was at a number of schools on Long Island and in New Jersey. He retired from the Milburn school system. He was the vice principal of River Dell High School from 1960 to 1962.

Tim and Corinne have been married for 36 years, the second marriage for both. They have four sons and a daughter. They enjoy exercising, movies, plays and opera together. Tim credits his wife for her help and support during his training over the years. Before he retired, he would go out at 3 am four days a week and run for one hour, return home by 4 am where Corinne was waiting to run one hour with him before leaving for Milburn. Then she went to her teaching job at Rigewood's Willard School.

Dyas began writing poetry at age 55 and in 2000 had a book of his poems published. Many of them are from recollections of his war years. He was inspired by the Spanish poet-philosopher Jorge Semprun's book "Literature of Life".

Dyas will mark his 90th birthday on May 25 and, if his knee permits, will start running two miles a day on the treadmill in his basement to train for the Ridgewood Memorial Day 5 km race. "I shouldn't have much competition in the 90-age group," he said with a smile.

### USATF Grand Prix Standings through July 15

#### Men

1. Tim Seaman, New York AC 38
  2. Patrick Stroupe, un. 27
  3. Dan Serianni, World Class RW 25
  4. Allen James, Bond Lake AC 18
  5. Dave McGovern, World Class RW and Ben Shorey, un. 15
  7. Alejandro Chaves, South Texas RW and Matt DeWitt, Parkside AC 11
  9. John Nunn, US Army; Stephen Quirke, un; John Soucheck, Shore AC; and Dave Talcott, Shore AC 10
- 931 with 1 or more points)

#### Women

1. Maria Michta, Walk USA 39
1. Teresa Vaill, Walk USA 29
3. Lauren Forgues, Maine RW 22
4. Erin Taylor, Shore AC 19
5. Miranda Melville, U. of Wisconsin-Oakside 19
6. Joanne Dow, un. 17
7. Erin Bresnahan, Walk USA 14
8. Stephanie Casey, un. 13

9. Susan Randall, World Class RW 10

10. Kathryn Grimes, RW Northwest; Solomiya Login< Southeastern PA RW; and Susan Armenta, New Balance 9  
(29 with one or more points)

### Progression of Men's 20 Km World Record

(As published in the UK's *Race Walking Record*, with the query: How far back do you have to go to beat an old world record?)

- |         |   |
|---------|---|
| 1:38:43 | Herman Muller, Germany, Oct. 4, 1911, Berlin  |
| 1:37:57 | Emile Anthoine, France, July 13, 1913, Paris  |
| 1:34:15 | Vaclav Balsan, Czechoslovakia, Aug. 13, 1933, Cesky Brod (Your editor has to go back a day earlier than that to hold the world record. But, of course it was still about a year-and-a-half until I was born.) |
| 1:33:25 | Fritz Bleiweiss, Germany, June 7, 1936,, Furstenwalde   |
| 1:32:12 | John Mikaelsson, Sweden, May 30, 1937, Malmo  |
| 1:31:44 | John Mikaelsson, Sweden June 10, 1946, Stockholm  |
| 1:31:21 | Josef Dolezal, Czechoslovakia, June 5, 1955, Prague   |
| 1:30:36 | Vladimir Golubnichiy, USSR, Sept. 23, 1955, Kiev  |
| 1:30:00 | Josef Dolezal, Czechoslovakia, July 25, 1956, Prague  |
| 1:28:39 | Vladimir Guk, USSR, April 13, 1957, Kiev  |
| 1:27:39 | Leonid Spirin, USSR, July 7, 1959, Moscow   |
| 1:27:04 | Vladimir Golubnichiy, USSR, July 15, 1959, Moscow   |
| 1:25:58 | Anatoliy Vedyakov, USSR, Sept. 6, 1959, Moscow  |
| 1:25:22 | Gennadiy Agapov, USSR, July 21, 1968, Leningrad   |
| 1:25:19 | Gennadiy Agapov, USSR May 7, 1972, Berlin   |
| 1:24:50 | Paul Nihill, Great Britain, July 30, 1972, Munich, Germany  |
| 1:23:40 | Daniel Bautista, Mexico, May 30, 1976, Bydgoszcz, Poland  |
| 1:23:30 | Anatoliy Solomin, USSR, July 19, 1978, Vilnius  |
| 1:23:13 | Roland Weiser, GDR, August 30, 1978, Prague   |
| 1:22:19 | Vadim Tsvetkov, USSR, May 13, 1979, Klaipeda  |
| 1:22:16 | Daniel Bautista, Mexico, May 19, 1979, Vrestorp, Sweden   |
| 1:21:04 | Daniel Bautista, Mexico, June 9, 1979, Riasio, Finland  |
| 1:21:00 | Daniel Bautista, Mexico, March 30, 1980, Xalapa   |
| 1:19:35 | Domingo Colin, Mexico, April 27, 1980, Cherkasy, Soviet Union   |
| 1:19:30 | Josef Pribilinec, Czechoslovakia, Sept. 9, 1983, Bergen Norway  |
| 1:19:24 | Carlos Mercenario, Mexico, May 3, 1987, New York  |
| 1:19:12 | Axel Noack, GDR, June 21, 1987, Karl-Marx Stadt, GDR  |
| 1:19:08 | Mikhail Schennikov, USSR, July 30, 1988, Kiev   |
| 1:18:20 | Andrei Perlov, USSR, May 5, 1990, Moscow  |
| 1:18:13 | Pavol Blazek, Czechoslovakia, Sept. 16, 1990, Hildesheim, Germany   |
| 1:18:04 | Lingtang Bu, China, April 7, 1994, Beijing  |
| 1:17:25 | Bernardo Segura, Mexico, May 7, 1994, Bergen, Norway  |
| 1:17:22 | Francisco Fernandez, Spain, April 28, 2004, Turku, Finland  |
| 1:17:21 | Jefferson Perez, Ecuador, August 23, 2003, Paris  |
| 1:17:16 | Vladimir Kanaykin, Russia, Sept. 29, 2007, Saransk  |
| 1:16:43 | Sergey Morozov, Russia, June 6, 2008, Saransk   |



## Women's 20 Km Progression

2:24:00 Antonie Briksova, Czechoslovakia, Sept. 6, 1931, Prague  
 2:14:07 Antonie Odvarkova, Czechoslovakia, Sept. 14, 1931, Prague  
 1:59:02 Lina Aebersold, Switzerland, June 9, 1934, Zurich  
 1:57:35 Marie van Tonder, South Africa, July 7, 1962, Cape Town  
 1:57:26 Irma Hansson, Sweden, Oct. 27, 1963, Copenhagen, Denmark  
 1:54:30 Irma Hansson, Sweden, Oct. 22, 1967, Copenhagen  
 1:53:46 Karin Moller, Denmark, Oct. 27, 1968, Copenhagen  
 1:51:05 Irma Hansson, Sweden, Oct. 12, 1969, Copenhagen  
 (There's nothing like Copenhagen in October)  
 1:47:10, Margareta Simu, Sweden, Sept. 22, 1973, Copenhagen (or September)  
 1:43:38 Lilian Harpur, Australia, July 16, 1977, Adelaide  
 1:43:20 Thorill Gylder, Norway, April 23, 1978, Mixhuca, Mexico  
 1:41:42 Susan Cook, Australia, Feb. 3, 1980, Melbourne  
 1:39:31 Susan Cook, Australia, Dec. 20, 1981, Melbourne  
 1:36:36 Susan Cook, Australia, Dec. 19, 1982, Melbourne  
 1:36:23 Susan Cook, Australia, July 7, 1984, Canberra  
 1:36:19 Sally Pierson, Australia, July 17, 1984, Melbourne  
 1:29:40 Kerry Saxby-Junna, Australia, June 13, 1988, Vamane, Sweden  
 1:27:30 Hongyu Liu, China, May 1, 1995, Beijing  
 1:27:30 Nadezhda Ryashkina, Russia, Feb. 7, 1999, Adler  
 1:26:22 Yan Wang, China, Nov. 19, 2001, Guangzhou  
 1:25:41 Oliamiada Ivanova, Russia, August 7, 2005, Helsinki, Finland

## LOOKING BACK

**45 Years Ago** (From the July 1965 ORW)—Ron Laird won the National AAU 20 Km in Baltimore in 1:38:38 over Jack Mortland, Dean Rassmussen, Don DeNoon, and surprising Regis Dandar. Laird led from the start and was never seriously challenged. Baltimore was a big improvement over Ron's miserable sixth place finish in 50:00 a few weeks earlier in the National 10. Mortland won that race on Chicago's steamy Stagg Field track in 48:20 over Art Mark, DeNoon, Rassmussen, and Ron Daniel. . . Bob Brewer beat Ohio TC's Chuck Newell to win the National Junior 30 Km in Columbia, Mo. in 3:04:23. (This was back in the days when junior had nothing to do with age but was actually a novice race—for those who had never won a Junior or Senior race or been on a National team.). . . Laird also was an easy winner in the National 2 Mile, leaving Daniel 27 seconds behind with his 14:02. DeNoon and Rudy Haluza followed

**40 Years Ago** (From the July 1970 ORW)—In Erfurt, East Germany, Peter Frenkel shattered the World's 20 Km record with a 1:25:20 on the track. Hans-Georg Reimann and Gerhard Sperling finished 74 seconds back. . . In the U.S.—USSR dual meet in Leningrad, Dave Romansky walked a fine 1:29:50, but still finished behind three Soviet walkers. Dave earlier walked a 1:31:56 on the track in Paris, with Tom Dooley returning 1:34:55, and a 43:03.8 for 10 Km in Stuttgart. Dooley had 44:29 in that one and 1:32:31 in Leningrad. . . Earlier, Dooley had left Ron Daniel 30 seconds back in winning the National 2 Mile title in 13:44. . . John Kelly won two firsts at the third US Masters Meet with a 7:12.5 mile and 1:42:55 for 20 Km. . . In the Junior Nationals Steve Geiver did 1:21:47 to beat Olympic 10,000 meter runner Gerry Lindgren in the 15 Km and Bruce Adair covered 7 miles 100yards to win the 1 Hour. Lindgren had 1:27:33 in the 15. . . On the Ohio scene, we were engaged in our second annual Tour of Ohio series. Paul Reback beat Jack Mortland by 7 seconds in a Dayton 15 Km race

with a 1:16:04, Bill Walker (a ringer from Michigan) won a Van Wert 10 Miles in 1:21:24, and Mortland won a rather long 7 ½ Km in Columbus in 38:15.

**35 Years Ago** (From the July 1975 ORW)—John Knifton won the National 10 Km in Bridgeport, Conn. in 45:04 on an unseasonably cold and windy day, with Dave Romansky, Ron Daniel, and Bob Kitchen also under 47 minutes. Your editor (having celebrated his 40<sup>th</sup> birthday earlier in the year) came tenth in 50:26, but barely beat 50-year-old Bob Mimm for the master's title. . . Todd Scully overcame John Knifton in the final 6 miles to win the National 40 Km in 3:25:30, with Ron Kulik, Ron Daniel, and Tom Knatt following.

**30 Years Ago** (From the August 1980 ORW)—Olympic titles went to Italy's Maruizio Damilano (1:23:35) and the GDR's Hartwig Gauder (3:49:24). Mexican favorites Daniel Bautista (20) and Raul Gonzales (50) were DQ'd and blew up, respectively. Pyotr Potschenchuk of the USSR and Roland Wieser of the GDR followed Damilano. Spain's Jorge Llopart and the USSR's Yevgeniy Ivchenko took the other 50 Km medals. . . With the U.S. not competing in the Olympics, Marco Evoniuk led our team in a 20 Km in Germany with 1:25:51. Dan O'Connor (1:27:53), Jim Heiring (1:28:41), Todd Scully (1:30:09), and Carl Schueler (1:30:26) followed. . . Canadian Marcel Jobin won the National 15 Km in 1:08:56 ahead of Ray Sharp.

**25 Years Ago** (From the July 1985 ORW)—Maryanne Torrellas and Tim Lewis both set American records while winning races in a dual meet with West Germany. Maryanne had 22:55.12 for 5 Km and Tim 40:20.6 for 10. Teresa Vaill (23:22.6) and Marco Evoniuk (41:02.8) were second in the two races. . . Gary Morgan won the National 10 Km title in 43:31 at Niagara Falls. Todd Scully (44:35), Ray Funkhouser, and Mel McGinnis followed. . . The National Junior 10 Km went to Curtis Fisher in 47:50 ahead of Paul Schwartzburg's 48:08.

**20 Years Ago** (From the July 1990 ORW)—At Seattle's Goodwill Games, Russia's Nyadeszhda Ryashkina broke the world 10 Km record with a 41:56.21 on the track. Australia's Kerry Saxby was just a second back with Beate Anders, GDR, third in 42:49. Debbi Lawrence led U.S. walkers with 46:32. Mexico's Ernesto Canto won the 20 Km in 1:23:14 ahead of Mikhail Schnnikov. . . The National 10 Km went to Curtis Fisher in 42:56 with Gary Morgan (43:23) second and Bob Briggs (44:19) third. Canada's Janice McCaffrey led the women in 47:41. . . At the U.S. Olympic Festival, Debbi Lawrence (46:10.6) beat Sara Standley by more than 2 minutes with Wendy Sharp third. In the 20 Km, a misplaced cone on the 1.5 Km loop shortened the race to a calculated 18.27 km with Carl Schueler winning in 1:18:58, 20 seconds ahead of Allen James with Curtis Fisher third. Marco Evoniuk won the 50 in 4:17:11 ahead of Dan O'Connor (4:19:28).

**10 Years Ago** (From the July 2000 ORW)—In the U.S. Olympic Trials, Michelle Rohl won the Women's 20 Km and Tim Seaman the Men's 20. Rohl slipped away from 1992 Olympic Gold Medalist Yueling Chen, now a U.S. citizen, to win by a minute in 1:32:39. Debbi Lawrence was third in 1:33:48 and Joanne Dow fourth in 1:36:17. In the men's race, Kevin Eastler hung with Seaman for 11 Km but slowly dropped away after that, with Seaman winning in 1:25:41, Eastler second in 1:26:38, and Andrew Hermann third in 1:28:06. Michael Rohl was fourth in 1:32:34, just 5 seconds faster than his wife had gone a week earlier. . . Portugal's Susana Reitor walked a 1:28:19 for 20 Km in Hildesheim, Germany with Russia's Natalia Fedeskina second in 1:28:32 and Italy's Roseella Giordano third in 1:29:47. Robert Korzeniowski won the men's 20 at the same venue in 1:18:22, 21 seconds ahead of Eugeny Misyulya of Belarus.



**5 Years Ago** (From the July 2005 ORW)—At the National Club Championships, 5 Km racewalk titles went to Tim Seaman (20:4.13) and Joanne Dow (22:54.73). Zachary Pollinger and Jolene Moore were second in the two races. . . Pollinger also won the National Junior 5 Km in 22:10.55. . . Russian's won at the World Youth Championships; Tatyana Kalmykova in 22:14.47 at 5 Km and Sergey Morozov in 42:26.92 at 10



New Zealand's **Norman Read** crosses the finish line to win the 1956 Olympic 50 Km in Melbourne. Read finished in 4:40:42.8, 2:15 ahead of Rissoa's Yevgeniy Maskinkov.



**Two eras of Ray Sharp.** One of the three grand old men this year's U.S. World Cup 50 Km team, Ray Sharp has had two careers. On the left, a 20-year-old Ray is seen leading Chris Hansen in the 1980 U.S. 10 Km Championship.. They tied for the title in 42:42.9. Canada's Marcel Jobin (see p.6) won the race in 41:47.3. On the right, the 46-year old Sharp on his way to a second place finish in the 2006 National 50 in 4:21:06. Ray spent about 15 of the intervening years 26 years in retirement. (Photos provided by Tim Jacobs.)